





Biomagnetism-I

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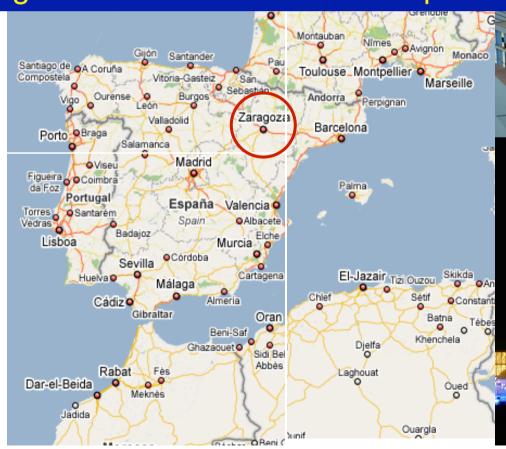
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Zaragoza City

Founded by romans 2000 years ago 700.000 habitants

Logistic center in the North of Spain









Zaragoza University



Founded in 1542



4 campus33.000 students2.300 postgraduate9 research Institutes



ICMA Institute



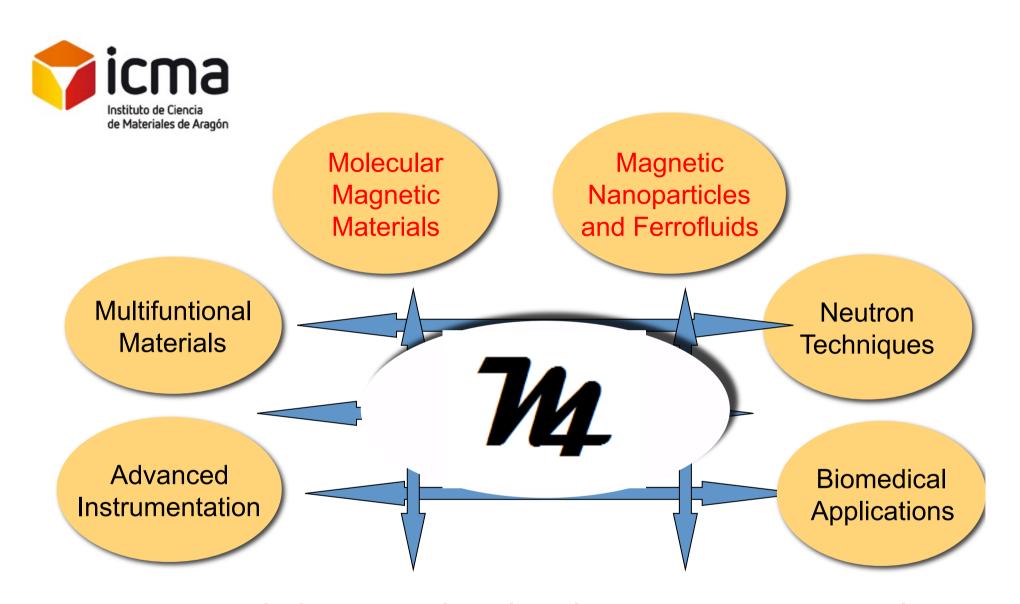
Founded 27 years ago

180 researchers47% permanent53% students+post-dos



ICMA Institute





M4 = Multifunctional Molecular Magnetic Materials 30 group members. High multidisciplinarity: chemists, physicists, biologists, clinical doctors



Outline P.1

In this 1st part we will cover:

- Introduction
- Magnetic fields and health: any risks?
- Do animals sense magnetic fields?
- The use of magnetism in medicine
- Fundamentals of the magnetism of nanoparticles
- Preparative techniques of magnetic nanoparticles



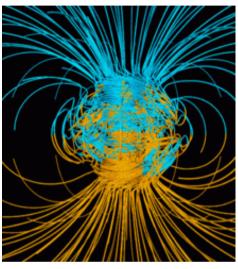
Life in Earth is immersed in the geomagnetic field

- Its magnitude at the Earth surface is very week, between 0,25G to 0,65G
- ➤ It creates the magnetosphere, at several thousands of Km. into space, which protects the Earth from cosmic rays

In addition, in our everyday life we can be in contact with electric and magnetic fields of varied magnitude and frequency

- \triangleright Extremely low frequency fields, ELF, (n \leq 300 Hz)
- Intermediate frequency fields, IF, (300 Hz < n ≤ 10 MHz)</p>
- Radiofrequency fields, RF, (10 MHz < n ≤ 300 GHz)</p>

The effects of electromagnetic fields on the human body depend not only on their **field magnitud** but on their **frequency and energy**.

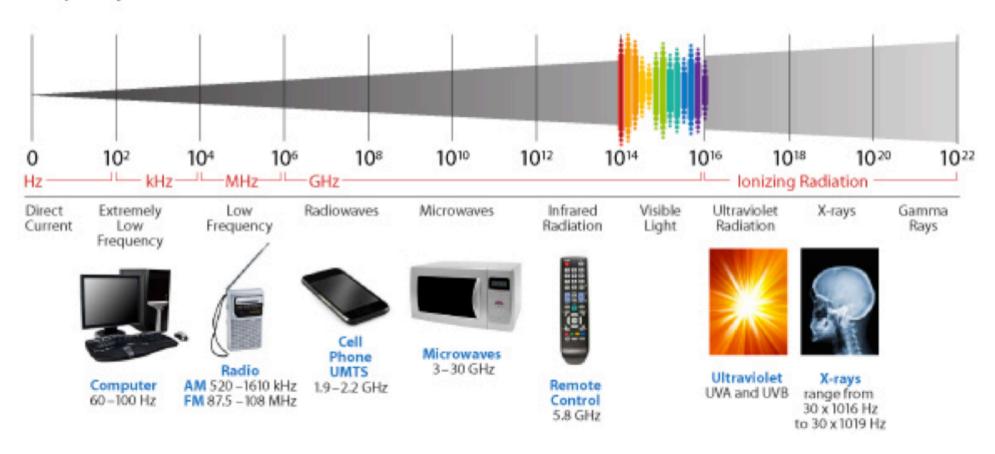


http://en.wikipedia.org/wiki/

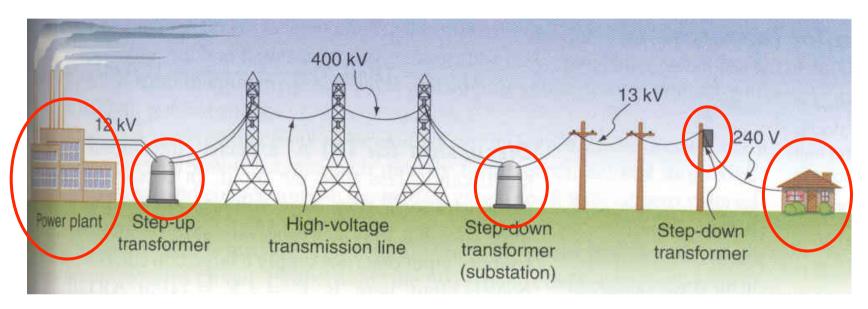


Electromagnetic Spectrum

Frequency (Hz)

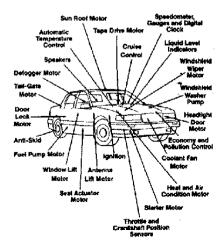


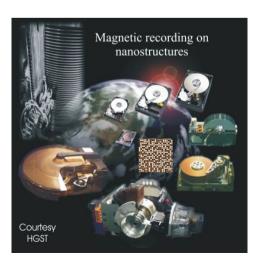




Magnets are everywhere



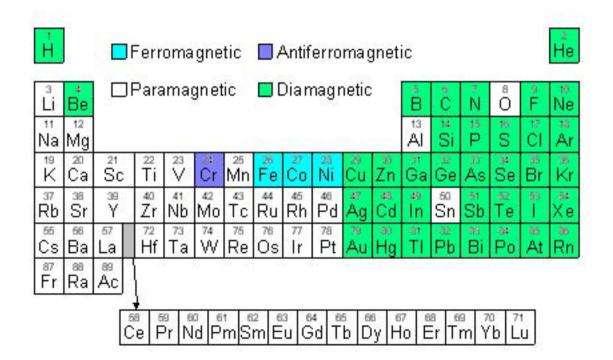






Some minerals and metals are called magnetic because they orient in a magnetic field

This is the case of lodestone (Fe3O4, Fe, Co, rare earth alloys, etc.)





Magnets (magnetic stone = *magnetite*) are known since the early times of human civilization. However, the first practical use of magnetite was developed by the Chinese.



By the third century AD, Chinese scientists had learned that magnetite tended to align itself in a North/South position. Scientists learned to "make magnets" by heating pieces of iron ore to red hot temperatures and then cooling the pieces in a North/South position. The magnet was then placed on a piece of reed and floated in a bowl of water marked with directional bearings. These first navigational compasses were widely used on Chinese ships.



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Magnetic fields are

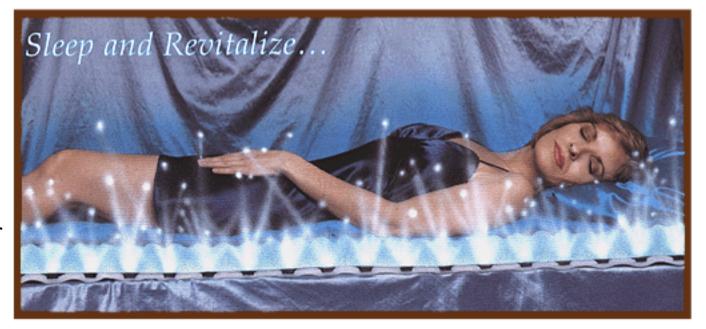
- Not seen nor sensed
- Pass throughout walls and many other solids

In a sense they are a kind of *magic* for the plain people and a subject often used to sell products that are between the illusory and the fraud.



Magnetico

magnetic bed power sleep pads recreate ancient Earth's magnetic field.



The Magnetic Bed (http://www.shokos.com/)



A well known hoax is the famous Celestial Bed offered by James Graham in 1779 in his *Temple of Health*. This was a most hedonistic house where those who could afford the fee could wander through ornately furnished rooms, breath the perfumed air, listen

music, or watch lightly dressed young woman posing around.

The centrepiece of the *Temple of Health* was the **Celestial Bed**, where for 50£ a night Graham advertised that anyone using it would be **blessed with progeny** and **sterility and impotence** would be cured.

Behind the lovers lying in the bed, electricity crackled across the headboard of the bed, filling the air with a **magnetic fluid** "calculated to give the necessary degree of strength and exertion to the nerves."

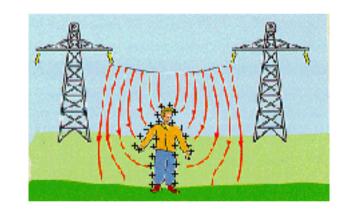




A most important question is:

Can electric and magnetic fields be a risk for health?

Low-frequency magnetic fields induce circulating currents within the human body. The strength of these currents depends on the intensity of the outside magnetic field. If sufficiently large, these currents could cause stimulation of nerves and muscles or affect other biological processes.



Both electric and magnetic fields induce voltages and currents in the body but even directly beneath a high voltage transmission line, the induced currents are very small compared to thresholds for producing shock and other electrical effects.





A most important question is:

Can electric and magnetic fields be a risk for health?

Heating is the main biological effect of the electromagnetic fields of radiofrequency fields. In microwave ovens this fact is employed to warm up food. The levels of radiofrequency fields to which people are normally exposed are very much lower than those needed to produce significant heating.

Over the course of the past decade, numerous electromagnetic field sources have become the focus of health concerns, including power lines, **microwave ovens**, computer and TV screens, security devices, radars and most recently **mobile phones** and **their base stations**.





Typical magnetic field strength of household appliances at various distances

Electric appliance	3 cm distance (μT)	30 cm distance (μT)	1 m distance (μT)
Hair dryer	6 – 2000	0.01 – 7	0.01 - 0.03
Electric shaver	15 – 1500	0.08 – 9	0.01 - 0.03
Vacuum cleaner	200 – 800	2 – 20	0.13 – 2
Fluorescent light	40 – 400	0.5 – 2	0.02 - 0.25
Microwave oven	73 – 200	4 – 8	0.25 – 0.6
Portable radio	16 – 56	1	< 0.01
Electric oven	1 – 50	0.15 – 0.5	0.01 - 0.04
Washing machine	0.8 – 50	0.15 – 3	0.01 – 0.15
Iron	8 – 30	0.12 - 0.3	0.01 - 0.03
Dishwasher	3.5 – 20	0.6 – 3	0.07 – 0.3
Computer	0.5 – 30	< 0.01	
Refrigerator	0.5 – 1.7	0.01 – 0.25	<0.01
Colour TV	2.5 - 50	0.04 – 2	0.01 – 0.15

With most household appliances the magnetic field strength at a distance of 30 cm is well below the guideline limit for the general public of 100 μT .



A most important question is:

Can electric and magnetic fields be a risk for health?

Despite about 25,000 articles published over the past 30 years, in a recent in-depth review of the scientific literature, **the World Health Organization** concluded in its **International EMF Project**, revising most of the scientific literature and current knowledge, that current evidence does not confirm the existence of any health consequences from exposure to low level electromagnetic fields.

However, some gaps in knowledge about biological effects exist and need further research. The focus of international research is the investigation of **possible links** between cancer and electromagnetic fields at power lines and radiofrequencies.

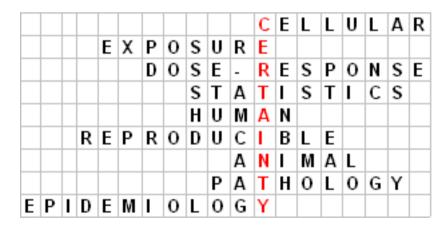
Human health studies are very good at identifying large effects, such as a connection between smoking and cancer. Unfortunately, they are less able to distinguish a small effect from no effect at all.



A most important question is:

Can electric and magnetic fields be a risk for health?

Research in WHO's International EMF Project integrate results from cellular, animal and human health studies to allow as comprehensive a health risk assessment as possible. A **holistic assessment** of a variety of relevant and reliable studies will provide the most reliable answer possible about the adverse health effects, if any exist, of long term exposure to weak electromagnetic fields.





To learn more ...

- Public Health England.
 http://www.hpa.org.uk/webw/
 HPAweb&Page&HPAwebAutoListName/Page/1317133146649
- World Health Organization
 http://www.who.int/peh-emf/about/WhatisEMF/en/index.html
 http://www.who.int/peh-emf/about/WhatisEMF/en/index1.html
 http://www.who.int/peh-emf/about/WhatisEMF/en/index2.html
 http://www.who.int/peh-emf/about/WhatisEMF/en/index3.html
- National Institute of Environmental Health Sciences http://www.niehs.nih.gov/health/topics/agents/emf/
- National Cancer Institute
 http://www.cancer.gov/cancertopics/factsheet/Risk/magnetic-fields



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Do animals sense magnetic fields?

Magnetoception is a sense used by some animals to detect magnetic fields. It has been proposed to explain animal **navigation**, allowing vertebrates and insects to develop regional maps with the detection of Earth's magnetic field.

Magnetoception has been observed in

- Bacteria
- Insects (honeybees, fruit flies)
- Birds, turtles, lobsters, sharks, stingrays, etc.

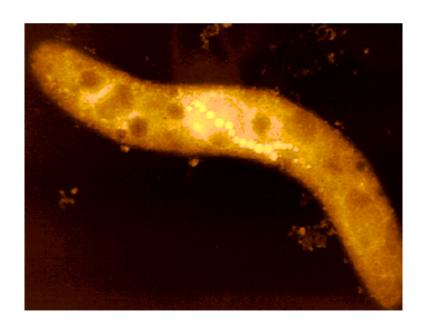


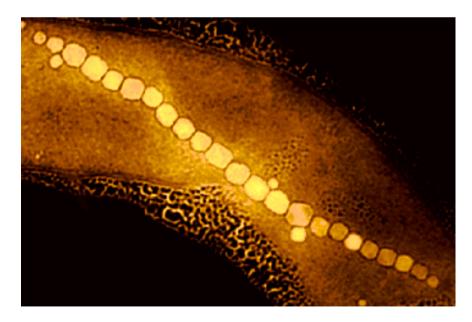
Four mechanisms have been proposed to explain Magnetoception.

- Magnetotaxis
- Cryptochrome-based mechanism
- Magnetite-based mechanism
- Electroreceptive organ



Magnetotaxis. This mechanism is followed by magnetotactic bacteria. The bacteria contain *magnetosomes*, which are *particles of magnetite* or *iron sulfide* enclosed within the bacteria cells. They form in chains where the moments of each magnetosome align in parallel, giving the bacteria its permanent-magnet characteristics. The bacteria orients itself and migrates in the direction along the Earth's magnetic field lines.





http://www.energy.soton.ac.uk/pollution/bacteria.html



Cryptochrome-based mechanism. Cryptochromes are a class of blue light-sensitive flavoproteins found in plants and animals. In some of them they are also involved in the sensing of magnetic fields.

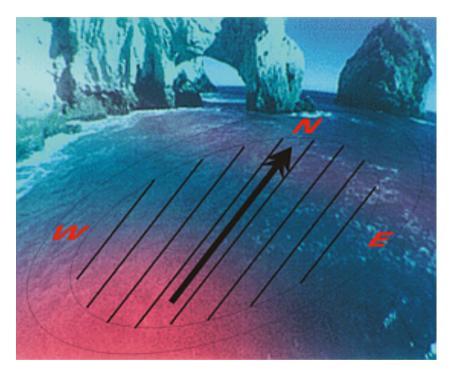
The mechanism proposes that the crysptochrome molecule forms a pair of two radicals with correlated spins when exposed to blue light. The surronding magnetic field would affect the correlation (parallel or anti-parallel) of these radicals, which affects the duration that cryptochrome remains activated.

Activation of cryptochrome may affect the light-sensitivity of retinal neurons with the overall result that **the animal can "see" the magnetic field**.



Cryptochrome-based mechanism





Computer simulation from the NIH CENTER FOR MACROMOLECULAR MODELING & BIOINFORMATICS. UNIV. OF ILLINOIS AT URBANA-CHAMPAIGN http://www.ks.uiuc.edu/Research/magsense/ms.html



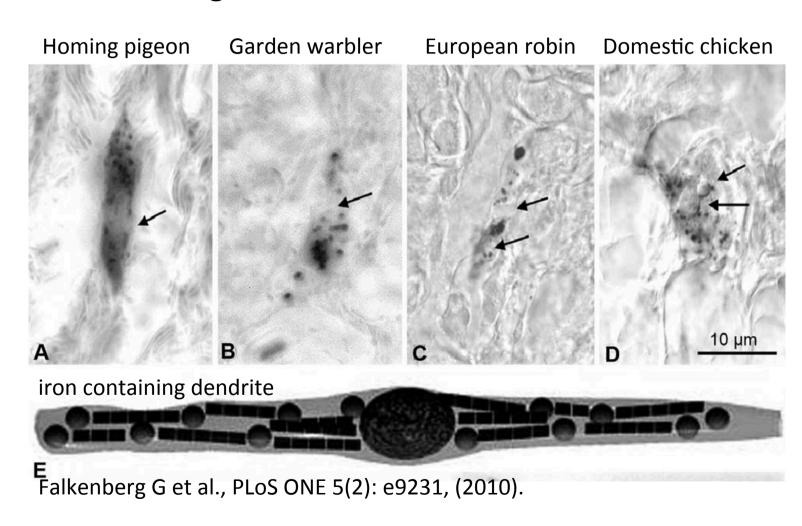
Maghemite-based mechanism. Maghemite particles have been found in a number of animals.

This iron (III) oxide remains permanently magnetized when particles length is larger than 50 nm. When the particles length is less than 50 nm the particles become magnetised in the presence of a magnetic field.

In either situation the Earth's magnetic field leads to a transducible signal via a physical effect on this magnetically sensitive oxide.



Maghemite-based mechanism.





Electroreceptive organ. . Some species possess a unique electroreceptive organ known as *ampullae of Lorenzini* which can detect a slight variation in electric potential.

These organs are made up of mucus-filled canals that connect from the skin's pores to small sacs within the animal's flesh that are also filled with mucus. The ampullae of Lorenzini are capable of detecting DC currents and have been proposed to be used in the sensing of the weak electric fields of prey and predators.

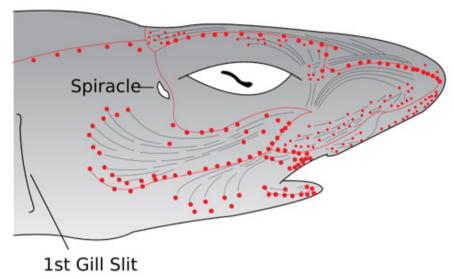
The sensing method of these organs is based in Farady's law: as a conductor (the fish) moves through a magnetic field an electric potential is generated. An increase in potential results in a decrease in the rate of nerve activity, and a decrease in potential results in an increase in the rate of nerve activity.

These receptors are located along the mouth and nose of sharks and stingrays and can detect field of micro and even nanovolts.



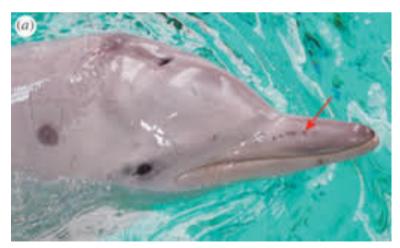
Electroreceptive organ.





Map of Life. University of Cambridge

http://www.mapoflife.org/browse/category 11 Brains-and-Intelligence/





To learn more ...

Wikipedia

http://en.wikipedia.org/wiki/Magnetoception

NIH Center for Macromolecular Modeling & Bioinformatics. The University of Illinois at Urbana-Champign

http://www.ks.uiuc.edu/Research/magsense/

http://biology.duke.edu/johnsenlab/pdfs/pubs/magnetoreception.pdf

http://www.unc.edu/depts/geomag/PDFGeomag/MagneticMapsInAnimals.pdf

Magnetic orientation in migratory birds. PhD Thesis

http://www.angel.ekol.lu.se/~rachel/publications/AvhandlingIntro.pdf

Map of Life. University of Cambridge

http://www.mapoflife.org/browse/category_11_Brains-and-Intelligence/



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Magnetism in medicine





- ✓ Magnetic functionality => magnetic fields penetrate human tissues
- ✓ Strong magnetic moments => can affect relaxation times of nearby protons
- ✓ They obey Coulomb's law => can be controlled at distance
- ✓ They can convert energy into heat from an alternating magnetic field
- ✓ Controllable sizes (≥ 100 nm ≤ 10 nm) and shapes (spheres, needles, beads)



Magnetism in medicine





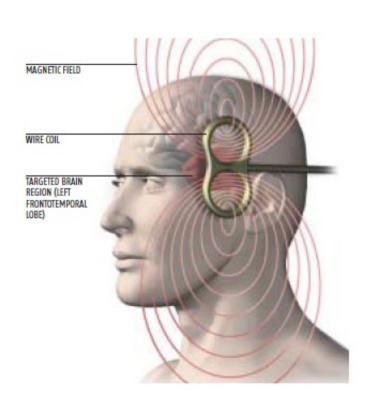
Magnetic fields for diagnostic and therapy

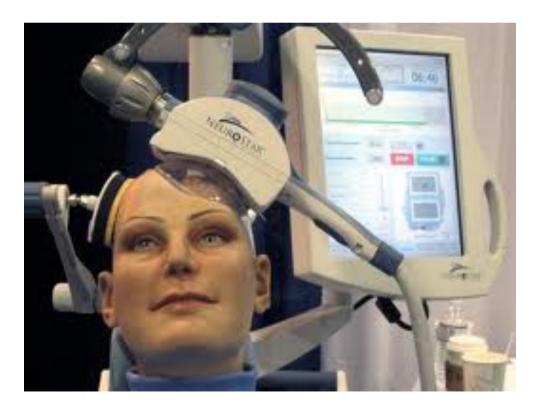


Magnetic fields in medicine

Several techniques for either diagnostic or therapy in medicine use magnetic fields.

Transcraneal magnetic stimulation (TMS)







Transcranial magnetic stimulation (TMS) is a procedure that uses magnetic fields of about 1-10mT to stimulate nerve cells in the brain to improve symptoms of depression. It causes depolarisation and hyperpolarisation in the neurones of the brain.

It can be used for **diagnosis**, to evaluate damage from stroke, multiple sclerosis, movement disorders, damages affecting cranial nerves and spinal cord, and

therapy, to treat certain types of major depression, Parkinson's disease and some kinds of schizophrenia.



Magnetic Resonance Imaging (MRI) allows to examine changes of protons in tissues. (We will talk about it in the 2nd part of these lectures).









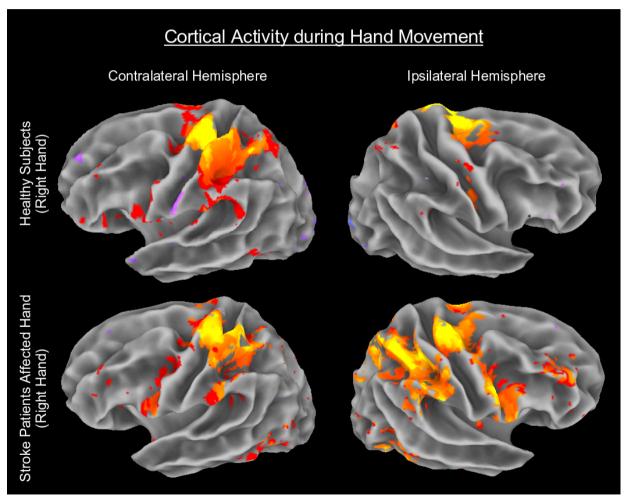
Functional Magnetic Resonance Imaging (fMRI) is a type of MRI that allows to examine changes in blood flow to local parts of brain, providing an indirect measure of brain activity. Changes in brain activity occur when a subject performs a movement or responds to stimulation.

The level and pattern of activity can be altered in a person with a brain injury such as stroke or in response to therapies that improve motor function.

An important goal is to better characterize the relationship between changes in brain activity and recovery of movement after stroke.



Functional Magnetic Resonance Imaging



http://www.martinos.org/neurorecovery/technology.htm



Magnetoencephalography (MEG).

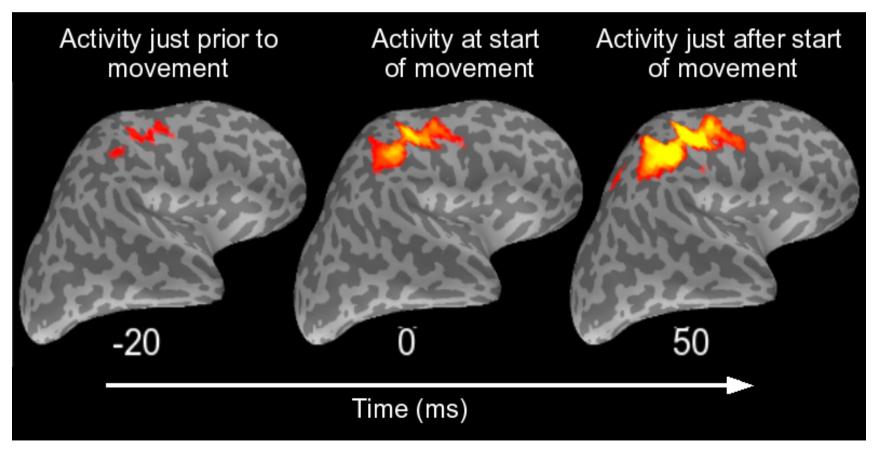
Is a technique for mapping brain activity by recording magnetic fields produced by electrical currents occurring naturally in the brain using very sensitive magnetometers.

The sensing mechanism is an array of more than 300 SQUIDS contained in a helmet shaped criostat.





Magnetoencephalography (MEG).



http://www.martinos.org/neurorecovery/technology.htm

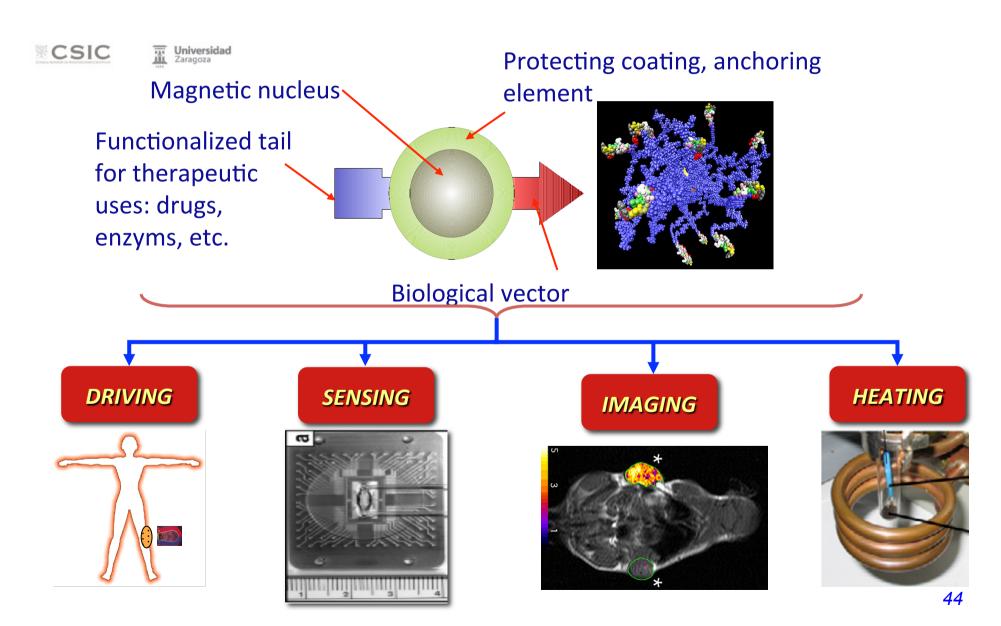


Magnetism in medicine

Magnetic nanoparticles for diagnostic and therapy



The magnetic functionality





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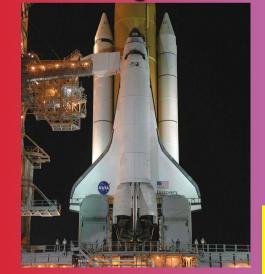
Is nano just a matter of size?

From the physics point of view Nano- is the interface separating the atomic from the macroscopic scales

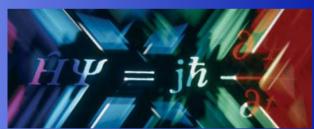
Macroscopic World ruled by Classical Mechanics and Electromagnetism laws



Atomic World ruled by the laws of Quantum Mechanics







In the atomic world there are properties whose critical lengths are at the nano-scale



Is nano just a matter of size?

At the scale below a critical length new properties arise that can give rise to new materials and new applications

Critical lengths such as

- one electron Fermi wavelength
- exciton Bohr radius
- single magnetic domain length

lead to Quantum Dots and Superparamagnetic particles



Iron oxides

Iron Oxo-hydroxo and Hydroxides	Iron Oxides
Goethite α -FeOOH	Hematite α -Fe $_2$ O $_3$
Lepidocrocite γ-FeOOH	Magnetite Fe ₃ O ₄
Akaganeite β-FeOOH	Maghemite γ-Fe ₂ O ₃
Schwertmannite Fe ₁₆ O ₁₆ (OH) _y (SO ₄) ₂ ·nH ₂ O	β -Fe $_2$ O $_3$
δ-FeOOH	ϵ -Fe $_2$ O $_3$
Feroxyhyte δ '-FeOOH	Wüstite FeO
High pressure FeOOH	
Ferrihydrite Fe ₅ HO ₈ ·4H ₂ O	
Bernalite Fe(OH) ₃	
Fe(OH) ₂	
Green Rusts $Fe_x^{\parallel \parallel} Fe_y^{\parallel} (OH)_{3x+2y-z} (A^-)_z$; $A^- = CI^-$; $1/2$	SO ₄ =



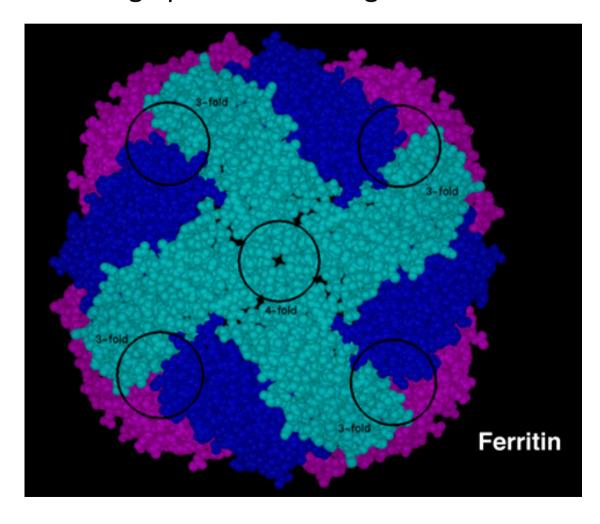
Iron oxides

Iron Oxide	Ordering Temp. (K)	Magnetic structure	Ms
Goethite	400	Antiferromagnet	0.01 - 1
Lepidocrocite	77	Antiferromagnet	
Akaganeite	280	Antiferromagnet	
$\delta ext{-FeOOH}$	440-460	Ferrimagnet	7 - 20
Feroxyhyte	455	Ferrimagnet	
HP FeOOH	470	Antiferromagnet	
Ferrihydrite	≈ 350	Speromagnet	
Bernalite	≈ 427	Weakly ferromagnetic	
Magnetite	850	Ferrimagnet	92 - 100
Maghemite	820 - 986	Ferrimagnet	60 - 80
Wüstite	203 - 211	Antiferromagnet	



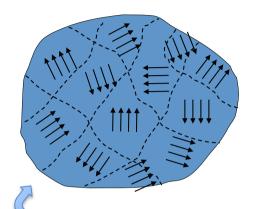
Iron oxides

Iron control in living organisms is made with the help of ferritines, a family of iron-storage proteins holding iron oxide inside.

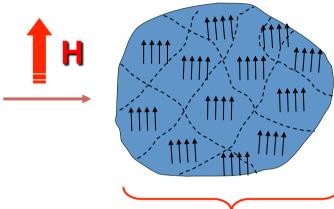




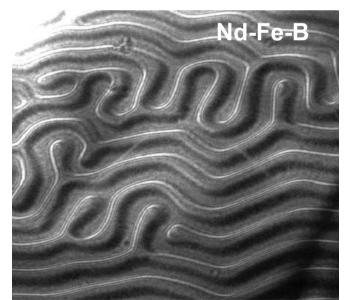
Magnetic Particles



+ Magnetic field H

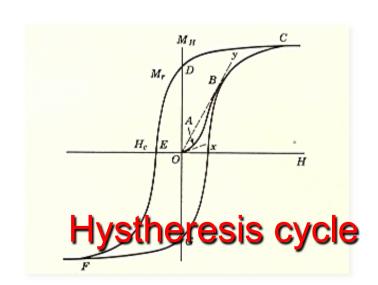


Magnetisation M = m/V_m



Magnetic domains

www-hrem.msm.cam.ac.uk/gallery/index.shtml

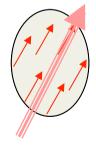




Single-domain particles

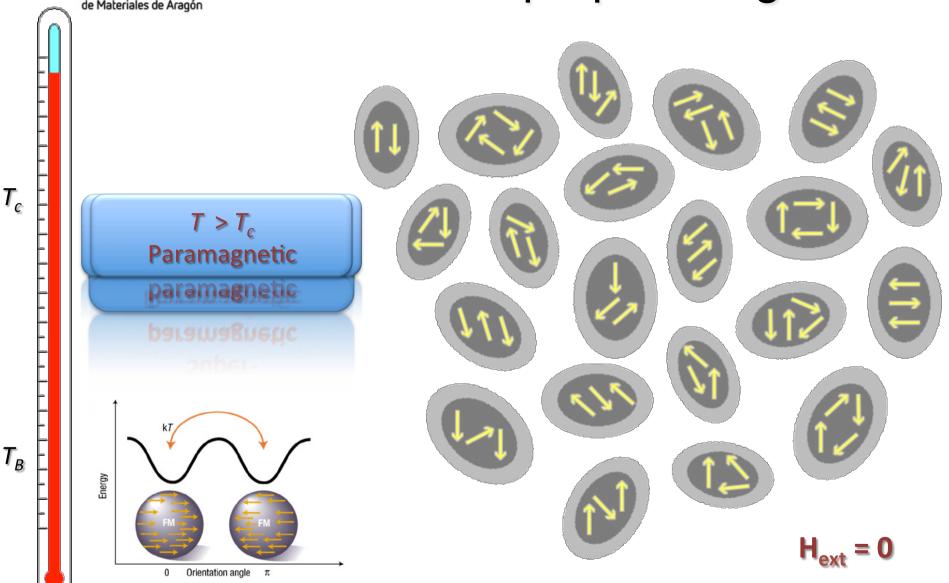
When the size of a particle is smaller than the minimum allowing the formation of domains (≈ 20 - 30 nm), it becomes single-domain and

superparamagnetic





Superparamagnetism



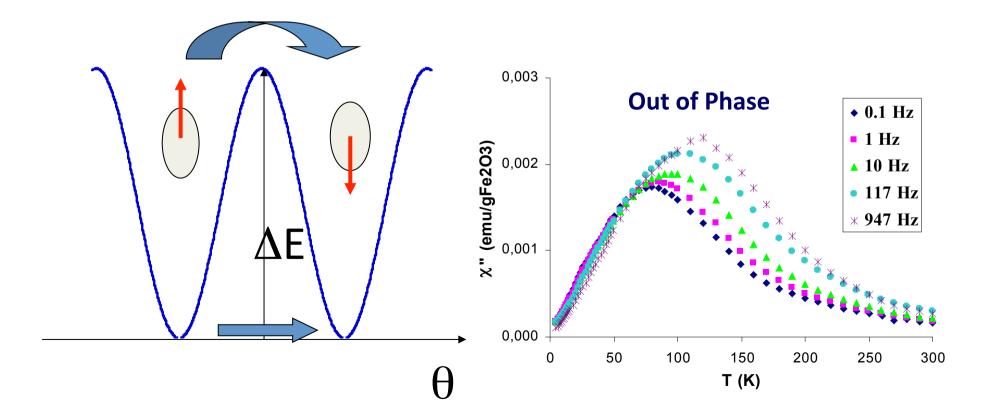


Magnetic nanoparticles

H_{ac} +single domain particle + magnetic anisotropy

$$E_v = K_{eff} \sin^2 \theta$$

 $\Delta E = K_{eff} V$



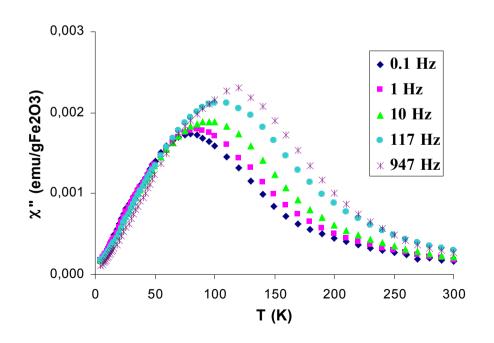


Magnetic nanoparticles

$$\Delta E = K_{eff}V = K_{V}V + K_{S}S$$

$$\chi''(f, T) \propto \Delta Eg(\Delta E)$$

Out of Phase

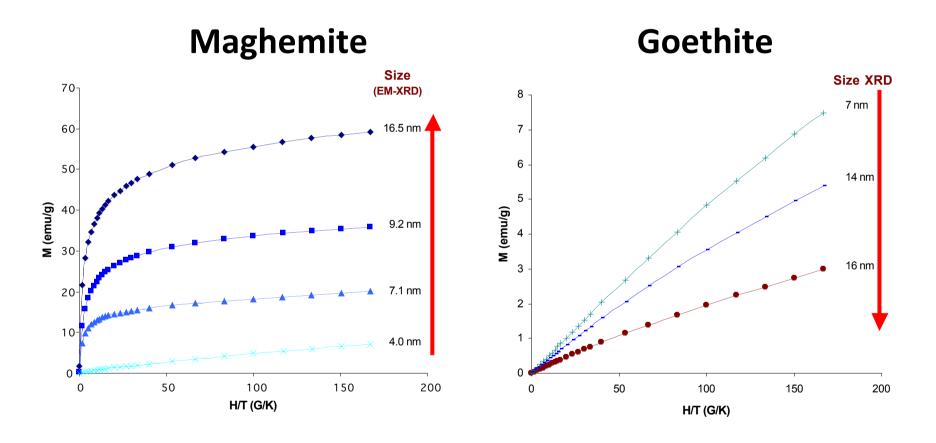


at the maxima,
$$T_B$$
,
 $\tau_m = \tau_0 \exp(\Delta E/k_B T_B) =$

$$= 1/(2\pi f_m)$$

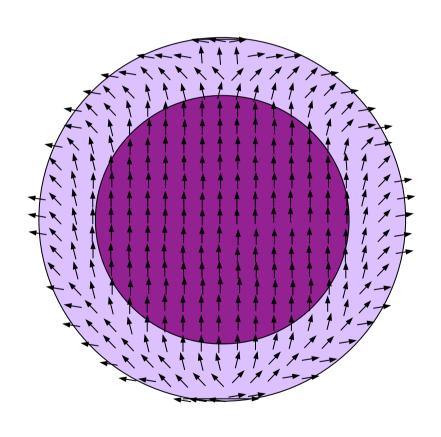


Surface effects





Surface effects

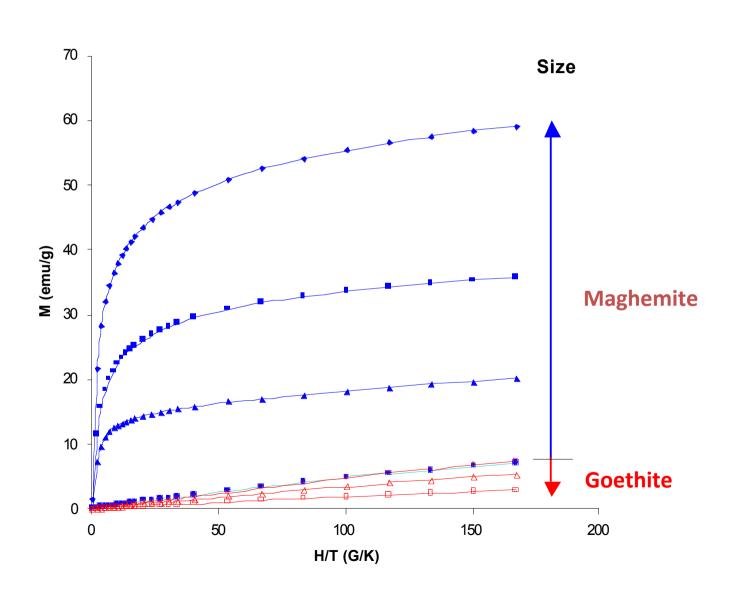


As D decreases the proportion of ions closed to the surface increases, then

- magnetocristalline anisotropy changes
- canting and disordered in m appears
- Ms decreases (ferrimagnets)
- Ms appears and increases (antiferromagnets)

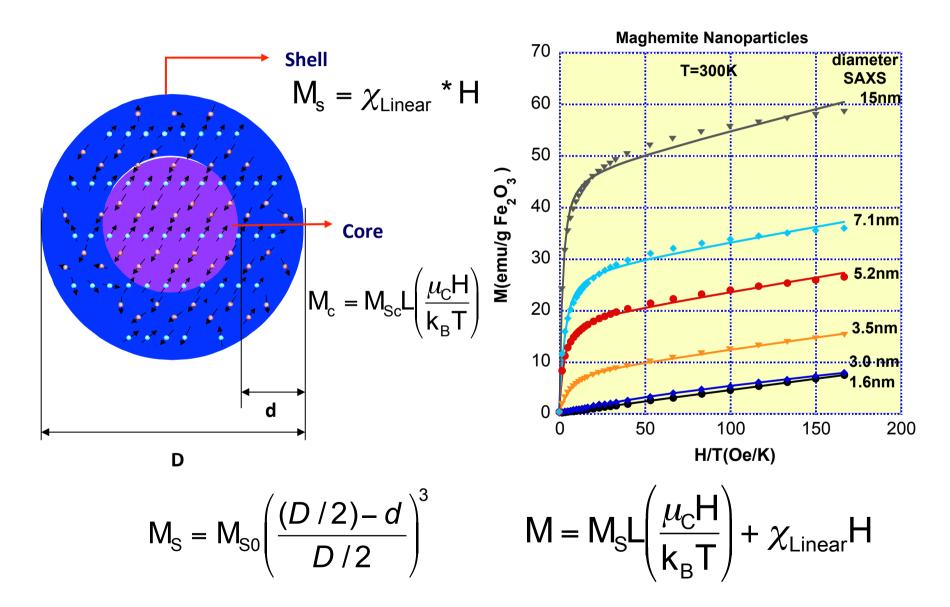


Surface effects



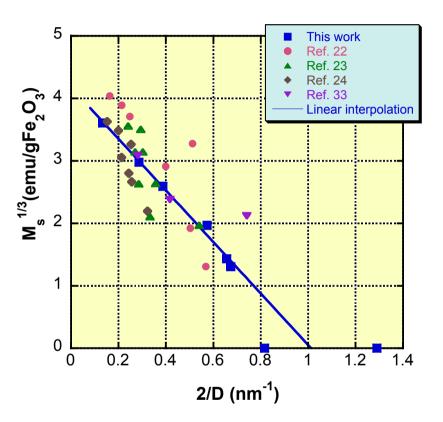


Surface thickness





Surface thickness



d ≈ 1 nm

Ref. 22 M.P. Morales et al., J. Magn. Magn. Mater. 203 (1999) 146

Ref. 23 N. Feltin et al., Langmuir, 13 (1997) 3927

Ref. 24 E.M. Moreno et al., Langmuir 18 (2002) 4972

Ref. 33 O. Iglesias et al., in "Surface Effects in Magnetic Nanoparticles", Ed. D. Fiorani, (Springer 2005) pp. 1-42.

A.Millán et el., J. Magn. Magn. Mat., 312, L5-L9, (2007).



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Top-down approach

It is the traditional approach: a nanosized material is obtained from a much larger source by grounding or other size-reduction actions.

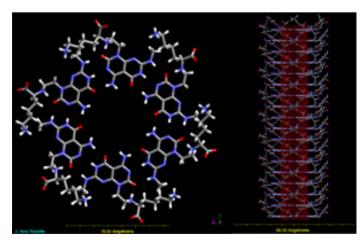


Top-down approach

Fabrication methods

Bottom-up approach

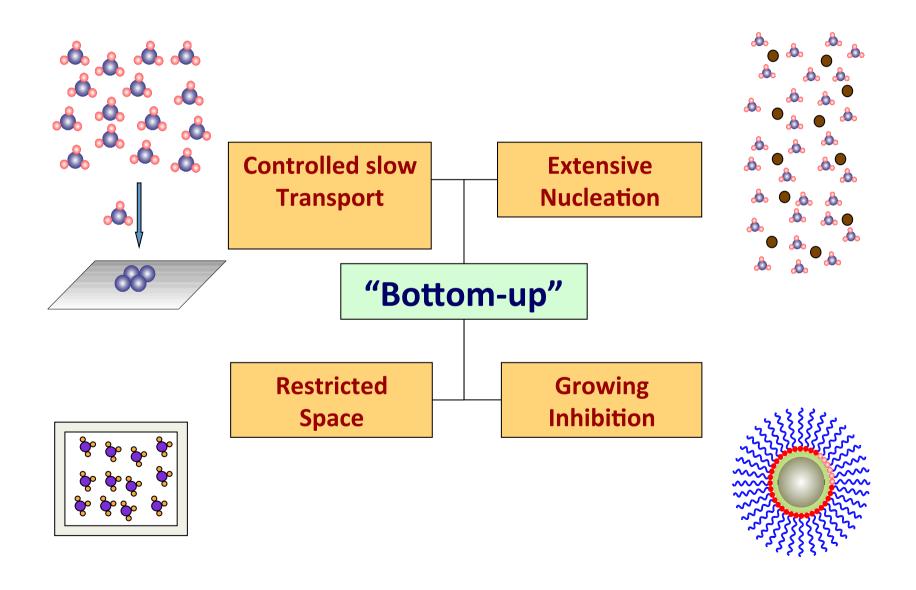
Uses molecules or clusters and self-assemble and self-organised them like in a *Lego* toy to fabricate new materials. In many examples tends to replicate nature developing processes.

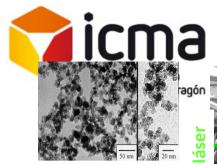


Molecular self-assembling



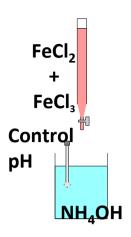
Preparative techniques

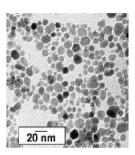




particles

 $Fe(CO)_5, O_2$



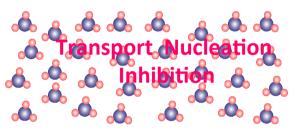


Size Control by:

- Fe/O₂ Proportion
- Laser Power

Characteristics:

- Variable Sizes (4-7 nm)
- High Yield
- Difficult coating



Size Control by:

• pH, cation, base

Characteristics:

- Variable Sizes (2-19 nm)
- Unexpensive
- Strong aggregation
- High size dispertion

Water

Inhibitor: Oleic ac.

Precursor: FeCl₂ + Fe Cl₃

Oxidant: alkaline hydroxide



Solvent: octhyl ether

Inhibitor: Oleic ac. Precursor: Fe(CO)5

Oxidant: O₂, trimethyl nitroxide

Size Control by:

• pH, cation, inhibitor

Characteristics:

- Better size control
- Lower aggregation
- Difficult coating

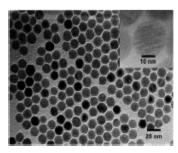
Size Control by:

• inhibitor, regrowing

Characteristics:

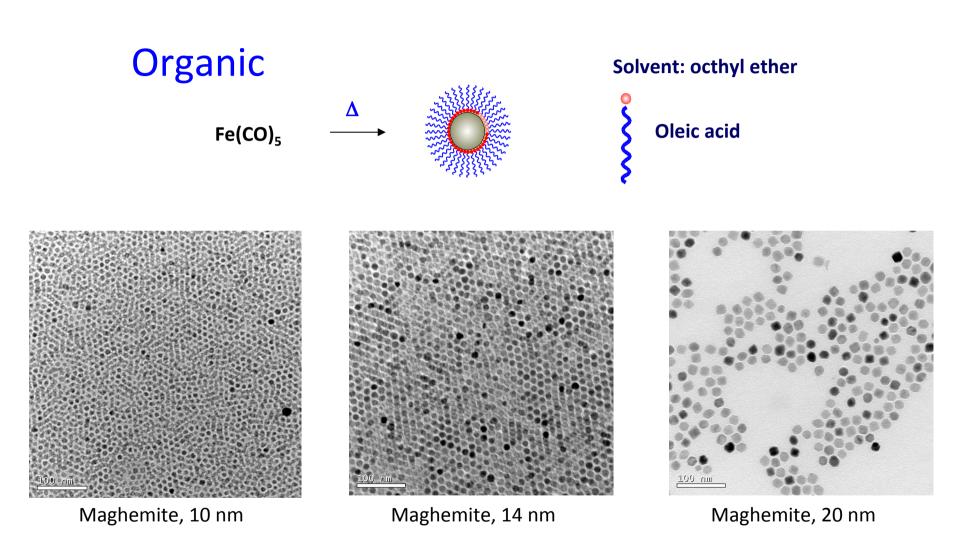
- monodispersion
- no agregation
- Difficult coating







Preparative techniques

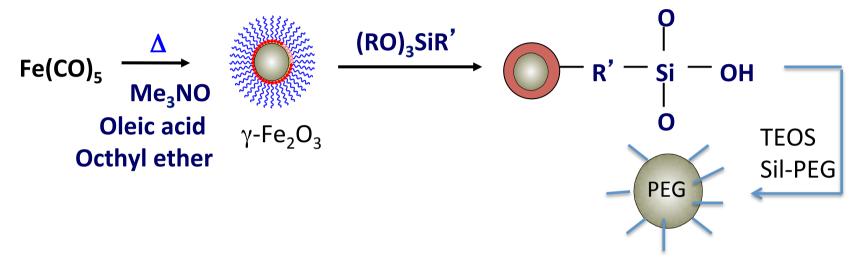


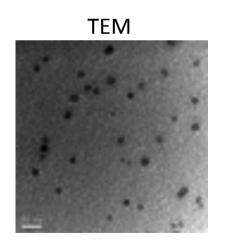
Size dispersion ≈ 5%

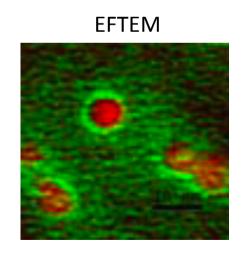
Size ranges: 4-20 nm

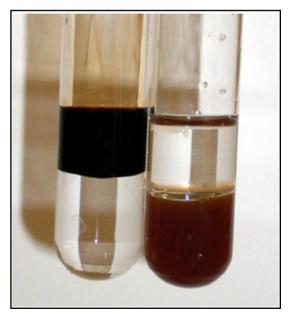


Preparative techniques





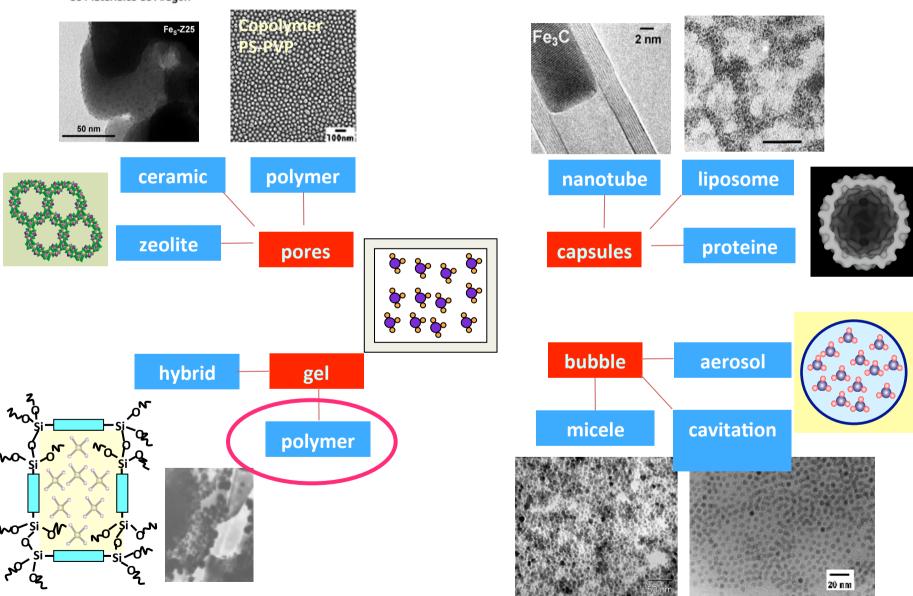




A. Arizaga et al., J. Mat. Sci. 48, 2550-6, (2013)



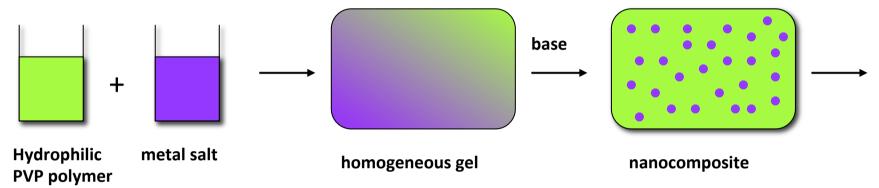
Restricted space: moulds

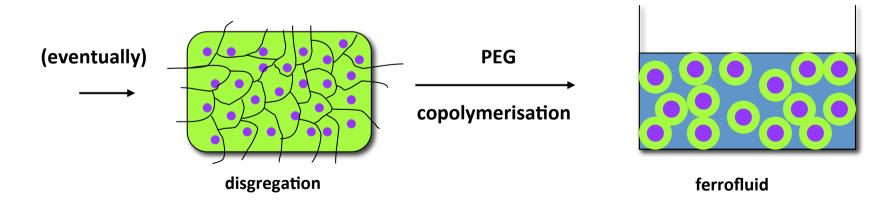




Preparative techniques

Polymeric methods





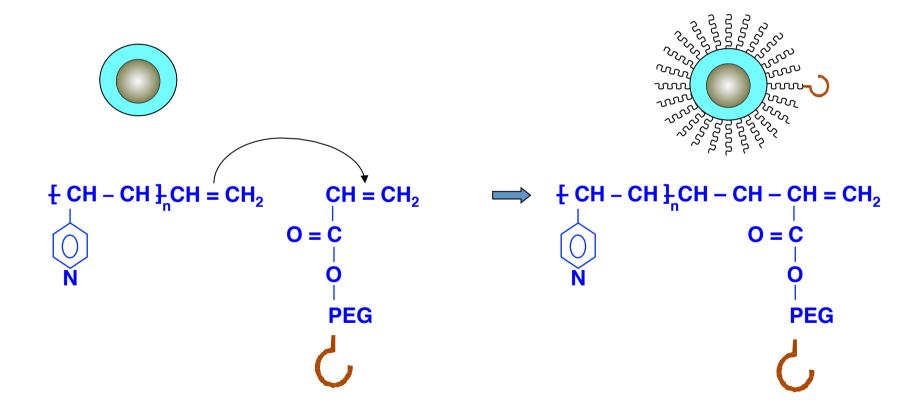
- A. Millán and F. Palacio, Applied Organometallic Chemistry, 15, 396-400 (2001)
- A. Millán et al., Acta Materialia **55**, 2201-9 (2007).
- A. Millán, F. Palacio, G. Ibarz, Patent PCT/EP2007/058312



Preparative techniques

Polymeric methods

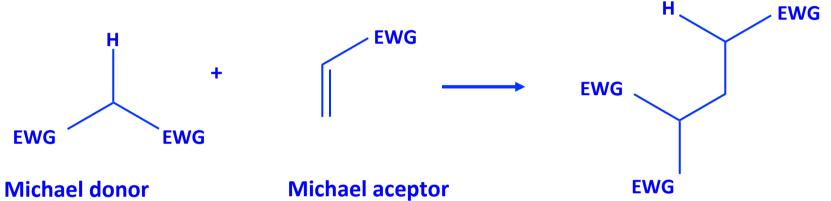
Anchoring residues by vinyl polymerization: Addition of polyetilenglicol (PEG) and linkers



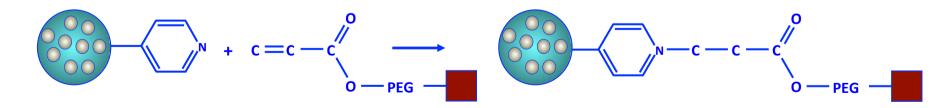


An easy route for functionalisation: Michael reaction

EWG: electron withdrawing group



carbanion o nucleophile conjugated insaturated system



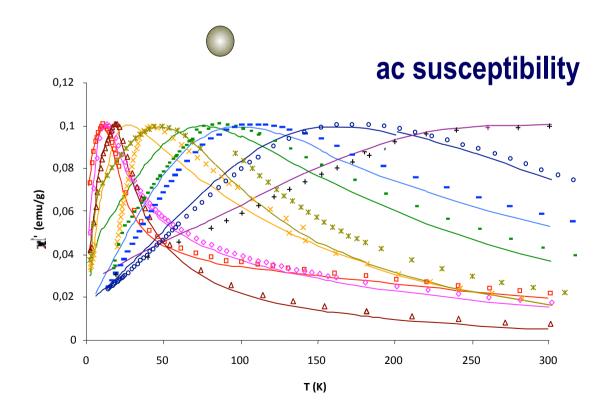
Physical or biological functionality

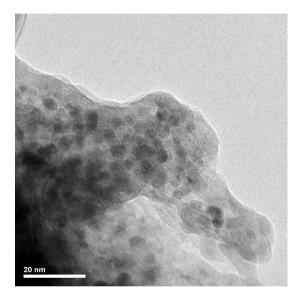
R. Piñol, A. Millán, F. Palacio et al., Patent P201031493

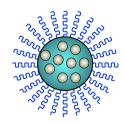


Adjustable Size

Magnetic nucleus $3 \text{ nm} \rightarrow 25 \text{ nm}$

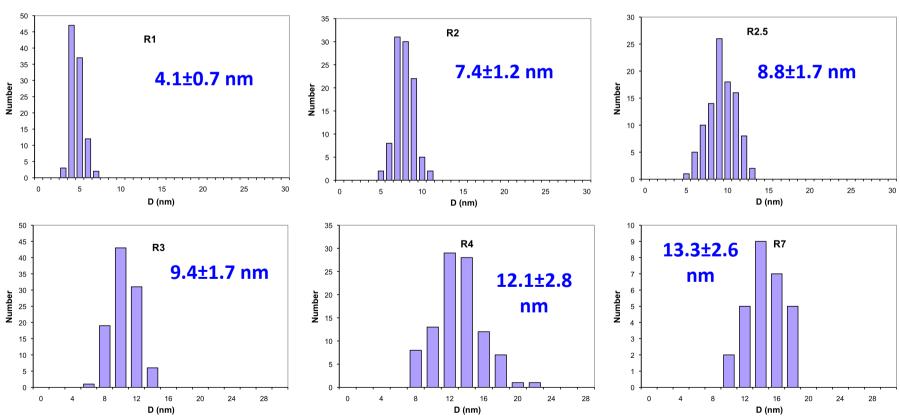








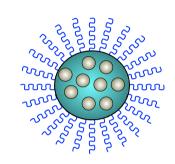
TEM size distribution of Fe_2O_3 particles in a series of Ferrofluid samples in PBS. Same composition, but different Fe_2O_3 content

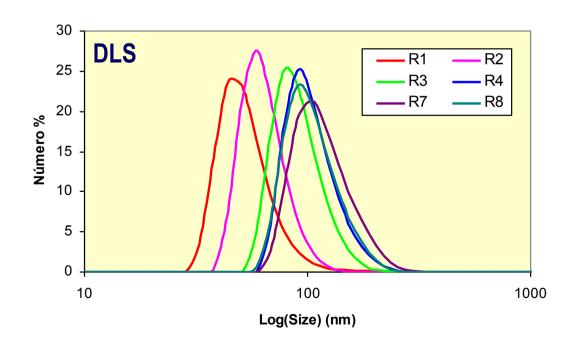




Adjustable Size

Hydrodynamic size 30 nm → 150 nm



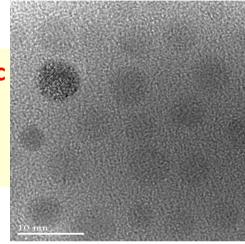


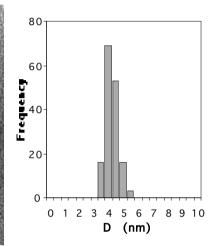


Preparative techniques

Polymeric methods

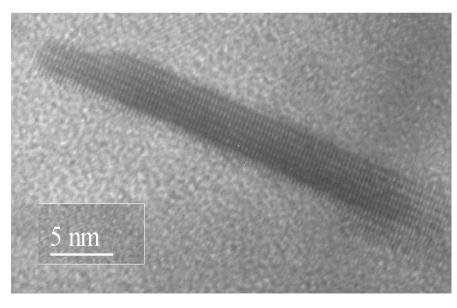
Simple and quick single-pot reaction Spheric particle sizes 2 - 15 nm
Size dispersion ±10%
No aggregation. Uniform distribution.





Either spheres and rods can be selectively prepared

Polymers can provide a way to avoid agglomeration and easy surface functionalisation





Preparative techniques

Superparamagnetic nanobeads

Stöber method

